

## VISUAL SUPPORT & TECHNOLOGY

September 18, 2012 • 6:00 - 8:00 p.m.

### **An Aptitude for Apps: Visual Supports and Technology Use with Autism**

Individuals with Autism are highly visual learners so the use of visual systems and technology are highly effective in a variety of environments. Information on using visuals and technology, along with discussion and demonstration of using an iPad or iPhone will be presented.

*Presented by* Alyson Beytien, MS-Autism & Laura Keehner, MA, CCC-SLP  
Mercy Medical Center, Sixth Floor Auditorium  
250 Mercy Drive, Dubuque  
\$5 per person/reservations taken at 589-9456 or at the door.

## EATING & EXERCISE

October 16, 2012 • 6:00 - 8:00 p.m.

### **Eat, Drink and Be Happy**

Individuals with Autism often have limited food selections or can be described as "picky eaters". Information will be provided regarding reasons a child may have difficulty eating various foods and interventions that can begin the process of improving food selection. The importance of exercise and sensory motor activities connected to the eating process will also be discussed.

*Presented by* Marie Duster, OTR/L, Alyson Beytien, MS-Autism & Laura Keehner, MA, CCC-SLP  
Mercy Medical Center, Sixth Floor Auditorium  
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## HOW TO LEARN MORE

Visit [www.Mercy-Autism.com](http://www.Mercy-Autism.com) for detailed information on diagnostic evaluations, treatment, staff, education opportunities and resources.

## CONTACT US

Mercy Service Club Autism Center  
Professional Arts Plaza Third Floor  
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[www.Mercy-Autism.com](http://www.Mercy-Autism.com)



CR-120 (12.7.11)

The poster has a white background with a pattern of colorful puzzle pieces (green, orange, blue, purple, red) scattered across it. A large green rectangular box is centered in the upper half, containing the text. Below the green box, more puzzle pieces are visible, some overlapping the bottom edge of the box.

# MERCY SERVICE CLUB AUTISM CENTER

2012

# AUTISM TRAINING SERIES

MERCY MEDICAL CENTER - DUBUQUE

MERCY SERVICE CLUB AUTISM CENTER

# Autism Training Series

These training sessions are for anyone whose life is touched by someone with autism and wants guidance on how to improve interactions.

## COMMUNICATION

January 24, 2012 • 6:00 - 8:00 p.m.

### Communication and Conversation

Individuals with Autism struggle to communicate effectively and appropriately. Impairment in communication—whether non-verbal or oddly verbal—impacts every aspect of a child's life. Information on teaching and supporting communication in all forms will be discussed.

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## SOCIAL INTERACTION

February 21, 2012 • 6:00 - 8:00 p.m.

### Faces, Friendships and Focus

Difficulty with social interactions and understanding social rules is part of the diagnosis of Autism Spectrum Disorder. This workshop discusses the challenges of highly-focused interests, perspective-taking, understanding facial expressions and body

language, and interventions that can support the person's desire for friendship.

*Presented by Alyson Beytien, MS-Autism & Laura Keehner, MA, CCC-SLP*  
Mercy Medical Center, Conference Rooms 1A/1B  
250 Mercy Drive, Dubuque  
\$5 per person/reservations taken at 589-9456 or at the door.

## SENSORY SUPPORT

March 20, 2012 • 6:00 - 8:00 p.m.

### Making Sense of Sensory Problems

Individuals with Autism often experience sensory processing challenges. These challenges can impact an individual's ability to tolerate self-care activities and hamper their participation in various social, educational, work or play and leisure activities. Information will be provided regarding the various types of sensory problems and basic interventions that can manage sensory processing challenges.

*Presented by Marie Duster, OTR/L & Alyson Beytien, MS-Autism*  
Mercy Medical Center, Conference Rooms 1A/1B  
250 Mercy Drive, Dubuque  
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## BEHAVIOR INTERVENTION

April 17, 2012 • 6:00 - 8:00 p.m.

### Changing Behavior to Change Lives

Individuals with Autism frequently exhibit challenging behaviors due to a lack of communication skills, social skills and sensory processing challenges. This presentation will focus on how to effectively change behaviors in order to improve the lives of those with Autism.

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## TRAINING SESSION FORMAT

- Each presentation will have 45 minutes of direct instruction, then 45 minutes of breakout sessions with Q&A.
- Breakout sessions will provide age-specific information on the topic and Q&A for ages 2-9 and 10-18.